

The Healing Room presents:

# Natural Movement That Heals

*Presented by Dr James Kuegler, Chiropractor & Athlete*

*Dr Kuegler has learnt through his training & experience that the way we are conditioned to stand & move plus the footwear we are convinced to wear are not necessarily guiding us toward a mobile future. Be prepared to open your mind to a whole new way of moving – you may be shocked at how misguided we are with many of our exercise assumptions!*



**7 PM MONDAY, 14<sup>th</sup> November AT THE MASONIC CENTRE**

**\$10 per person (No Complimentary Tickets)**

**Please register with Lynn or Jess 544-1133**

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**the healing room**

**Nurturing wellness to access your true potential**

6/33 Hairini Street, Tauranga

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